

Transition Position

By Gale Faltin

This is just your transition.
It's sure not the end.

This is YOUR time
.....to rest.....
.....and renew.....
Before beginning again.

Take off your shoes.
Reflect in a stream.
Feel the breeze on your skin.
Let your healing begin.

We don't force the seasons.
We take them in stride.
We go out to play,
Or curl up warm inside.

This is YOUR time.
Enjoy where you sit
In your open free space.
Time to create and imagine
Your new special place.